

# #gvahfamily NEWS

It's great to see all the activity around the rink again.

Tis the season for all things hockey. By the end of February many of you will have countless rolls of random hockey tape found around the house and car. You will have done the mad scramble for finding the matching hockey socks in the laundry. You will have likely gone to the local pro-shop for the forgotten piece of equipment. You will have had many "extra" cups of coffee including the one watered-down one from a remote rink you just couldn't go without. You will finally put to use the bulk supply of car air fresheners you ordered over the summer. Most importantly you will have built many memories with your family and your hockey family. We love to see the smiles on the faces of the players when they are doing what they love. We love hockey and all that comes with it.

The GVAHA board has been working hard this summer to introduce some new aspects to the hockey season. We hope these additions will have a positive impact on player development both on the ice and off the ice. We are making great progress on new initiatives and encouraged by the engagement from everyone.

This season you will see an intentional effort at player evaluation by coaches and hockey directors. You will have an opportunity for a coaching evaluation done not only at the end of the season but during a mid-season review. Our goal is to make sure the hockey experience is the best it can be for personal development and player development. Most importantly our goal is to make sure the kids have fun.

This year the GVAHA board has rallied around the word "Expectation". We strive to do the best we can

to present a clear picture of GVAHA expectations and make sure member expectations are understood and met to the best of our abilities. We are working diligently to learn from experiences and build toward the future. We are very excited about GVAHA hockey and having the opportunity to develop some amazing kids as well hockey players.

*Welcome to  
Hockey Season!*

We are grateful for all the volunteer hours it takes to pull together a successful hockey season. Thank you to all the board members who have spent countless hours this summer

developing and preparing for a successful hockey season. Thank you to all the team managers for their role in making each team experience the best it can be. Thank you to all of the coaches who tirelessly work to develop great people first and great players second.

Good luck to all the teams! This hockey season let's not forget #ForTheKids & #LoveOfHockey.

*Go Stars!*

Greg Raad, GVAHA President

## hockey calendar

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October 3-23	Yankee Candle Fundraiser
October 7	GVAHA Power Skate
October 8	Cross-Ice & Mite Team Photos
October 14	GVAHA Power Skate
October 18	GVAHA Board Meeting
October 21	GVAHA Power Skate
October 28	GVAHA Power Skate

**\*\*Check your TeamSnap Calendar for more details\*\***

# board of directors

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Get all the latest news and information online at

**[www.gvaha.org](http://www.gvaha.org)**

## GVAHA YANKEE CANDLE FUNDRAISER

October 3-23, 2016 • Fundraising packets are available at the Georgetown Ice Center



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*America's Best Scented Candles*  
ALL IS BRIGHT  
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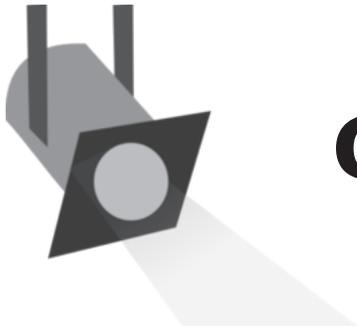
**WE ARE READY  
FOR THE PUCK TO DROP  
FOR OUR KIDS  
TO HIT THE ICE**

**WE'VE PULLED OUR JERSEYS  
FROM THE WARDROBE. WE'RE PREPARED  
FOR THE GRIT, THE GRIND  
THE SWEAT, THE TEARS  
HAPPINESS & DISAPPOINTMENT**

**WE ARE A HOCKEY FAMILY  
WE ARE READY**



#gvahafamily



# GVAHA PLAYER SPOTLIGHT

## Jack Adams

**Who is your favorite hockey player and why?**

Pavel Datsyuk. Because he is a great skater, that plays bigger than he is.

**What is your favorite thing about playing hockey?**

The speed and big hits.

**What other sports do you play? Does it help you with hockey?**

Golf helps me with patience and hand eye coordination.

**What goals do you have for this season?**

- To get 6 penalty minutes or less
- 10 assists and 4 goals

**Who has been the biggest influence for your hockey playing so far?**

The inspiration I get from my peers.

**How do you unwind after a game?**

Relax and play outside.

**How do you gear up for a game?**

I focus on the plays that I am going to use in my head.

**If I turned on your iPod/Phone or other music player, what song would be playing?**

Ted Nugent, Fred Bear



**Player Spotlight - Jack Adams**  
**GVAHA STARS Bantam AA (Pratt)**

### STAY CONNECTED

Make sure you are signed up to receive our weekly E-Blast to get the latest announcements and news from GVAHA. Sign-up on our website at: [www.gvaha.org](http://www.gvaha.org).

Follow us here:



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# GVAHA FAMILY PROFILE

Each month the GVAHA Newsletter will feature a family in the STARS association. This month we are profiling the Plumert family.

## ***Who plays hockey in your family?***

"All three of our boys play hockey. Jaden is 13 and is playing Bantam House. Owen and Austin are 11 and are playing PeeWee A this year."

## ***How did you all get interested in hockey?***

"Our kids have a cousin who used to play at Grand Valley. We took them to the rink when they were young to watch their cousin play. At first the main attraction was the Zamboni but after awhile they asked us if they could try hockey. Becky and I talked about it and I said "let's just let them try". From there they were hooked and we love watching them compete."

## ***Are you competitive with each other?***

"All three of our boys are very competitive. Hockey has proven to be a great sport for them."

## ***What's your favorite memory so far?***

"For Jaden it was when their PeeWee A team won the Little Caesars championship. Also, Jaden works really hard to get me a goal for my birthday every year. For Owen and Austin it has been in the games where they

use their sixth sense and pass to each other so that one brother gets the assist and the other brother gets the goal."

## ***How do you tell the twins apart when on the ice?***

"We can most often tell by their skating style. Austin has a lower center of gravity when he skates and Owen tends to skate higher. We still need to look twice and in the past we have resorted to different colored sticks and tape. If that fails we look at the number. :)"

## ***Who is your favorite team? Are you a house divided/united?***

"Red Wings. Is there any other team?"

## ***What do you hope for your kids to learn from playing hockey?***

"Teamwork, a never give up attitude, leading by example, good sportsmanship, winning is not everything, work ethic, confidence, working through adversity."

## ***Have you ever played in the adult leagues?***

"Dan has not yet played in adult leagues but would like to."



Front L to R: Jaden, Austin & Owen. Back L to R: Dan & Becky Plumert